

The Woodlands Township



2023 PRACTICE SCHEDULE

Location:

Forestgate Pool - *Home of The Waves*

7505 S. Forestgate Drive

The Woodlands, TX 77381

No Practice on Mondays

EVENING PRACTICE	April 18 - May 25	Ages 5 & 6	4:15 - 5:00 p.m.
		Ages 7 & 8	5:00 - 6:00 p.m.
		Ages 9 & 10	6:00 - 7:00 p.m.
		Ages 11 & 12	7:00 - 8:00 p.m.
		Ages 13 & over	8:00 - 9:00 p.m.
MORNING PRACTICE *	May 26 - June 23	Ages 13 & over	7:00 - 8:00 a.m.
		Ages 11 & 12	8:00 - 9:00 a.m.
		Ages 9 & 10	9:00 - 10:00 a.m.
		Ages 7 & 8	10:00 - 11:00 a.m.
		Ages 5 & 6	11:00 - 11:45 a.m.

* If an inclement weather date is observed by CISD that extends the end of the semester, then evening practices will also be extended accordingly. Team members will be notified of any changes

See 2022 Swim Team Handbook for communications regarding practices cancelled due to weather.